

TABLE 16.3
Characteristic, Function, Manifestation and Proximate Cause of
the Feeling Aggregate

Key:

C = characteristic

F = function

M = manifestation

P = proximate cause

1. Pleasure associated with body-consciousness—*sukha*
C: experiencing desirable sensory data; pleasure being felt
F: to intensify or relish the associated mental states
M: as bodily enjoyment
P: the body faculty
2. Pain associated with body-consciousness—*dukkha*
C: experiencing undesirable sensory data; pain being felt
F: to wither the associated mental states
M: as bodily affliction
P: the body faculty
3. Joy, bliss, or pleasure associated with mental objects—*somanassa* or *sukha*
C: experiencing a desirable object
F: to exploit the desirable aspect or intensify the associated mental states
M: as mental enjoyment
P: tranquility
4. Grief—*domanassa*
C: experiencing an undesirable object
F: to exploit the undesirable aspect
M: as mental affliction
P: the heart base
5. Equanimity as neutral feeling—*upekkhā*
C: being felt as neutral
F: to neither intensify nor wither the associated mental states
M: peacefulness
P: consciousness without rapture
6. Equanimity in the fourth jhāna—*upekkhā*
C: enjoying an object midway between the desirable and the undesirable
F: supporting evenness and balance of the associated mental states
M: as not being apparent
P: the cessation of pleasure and bliss